



# ANNUNCIATION GREEK ORTHODOX CHURCH

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Rev. Father Simon Thomas, Parish Priest

Rev. Father Nicholas Vieron, Pastor Emeritus

**Sunday, March 11,  
2018**

Sunday of Holy Cross

## **Holy Bread**

Enosis Touliatos

## **Ushers**

Demie Bitinis

Diane Kavelaras

Naji Nassif

## **Greeters**

## **Epistle Reader**

Patricia Grantham

## **Coffee Fellowship**

Hosted by Con-  
stance Poplos

Welcome to the Annunciation Greek Orthodox Church. We are blessed that you have come to our worship service, and hope that you will be both enlightened and inspired. Every Sunday we celebrate the Resurrection of our Lord, God, and Savior Jesus Christ. The Christian Orthodox Church is the Church of the Resurrection and we rejoice in the Lord's triumph over death.

If you are attending an Orthodox Church for the first time, our service may be foreign and perplexing to you. We assure you that everything we do is firmly rooted in the Scriptures. Please feel free to participate to the level that you feel comfortable.

The Orthodox Church understands the Eucharist – the Lord's Supper – to be, among other things, the paramount expression of Christian unity. The unfortunate reality of our day is that the various segments of Christendom are not unified with the historic Orthodox Faith. We fervently pray for this unity as noted in every service of the Orthodox Church. *Since participation in the Eucharist expresses a unity with all the dogma and practices of the Orthodox Church, non-Orthodox guests do not receive Holy Communion.* All guests are invited to receive the blessed bread at the end of the service.

# Weekly Schedule

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## **Sunday, March 11th, Sunday of the Holy Cross**

- † Orthros/Divine Liturgy 8:45 am
- † Nursery available 10:00 am—12:00 Noon
- † Sunday School 11:00 am
- † Parish Assembly 12:00 Noon in Cotros Hall
- † Coffee Fellowship hosted by Constance Poplos

## **Monday, March 12th**

- † Great Compline 6:30 pm
- † Fr. V's Adult Greek Class 6:30 pm

## **Tuesday, March 13th**

- † Elpis Board Meeting 6:30 pm

## **Wednesday, March 13th**

- † Ninth Hour 5:30 pm
- † Pre-Sanctified Liturgy 6:00 pm
- † Lenten Dinner hosted by the Sinis Family with our Lenten Speaker: Fr. Michael Marcantoni, Holy Spirit Greek Orthodox Church, Rochester, NY 7:00 pm

## **Friday, March 9th, Salutations to the Theotokos**

- † Festival Workshop – Spanakopita Prep 9:00 am—4:00 pm
- † Salutations to the Theotokos 6:30 pm

## **Saturday, March 17th**

- † Festival Workshop – Spanakopita Prep 9:00 am—4:00 pm

## **Sunday, March 18th, Sunday of St. John Climacus**

- † Orthros/Divine Liturgy 8:45 am
- † 40 Day Memorial for Helen Mavraganis
- † Nursery available 10:00 am—12:00 Noon
- † Sunday School 11:00 am
- † Coffee Fellowship hosted by Gus Mavraganis on the 40 Day Memorial of Helen Mavraganis 12:00 Noon in Cotros Hall
- † Athenian Dance Troupe Practice—Mandatory for March 25th performance 12:30 pm—2:00 pm
- † More Than A Meal—We invite you to join us to cook & serve for our monthly ministry. We will gather after Divine Liturgy to cook food, then gather at Grace-St. Luke's to serve at 3pm. This is open to all members of the community!
- † The Fundamentals of Financial Well Being: Part 2—Financial Goal Setting/Taking Control of Debt—offered by Maria Popa, MBA and Financial Advisor. 12:00 Noon in the Library

## First Antiphon

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*Through the intercessions of the Theotokos, Savior, save us!*

Verse 1: The light of Your countenance, O Lord, has been manifest toward us.

Psalm 4:6

Verse 2: You have given a token to them that fear You, that they might flee from the bow.

Psalm 59:4

Verse 3: You have gone up on high, You have led captivity captive.

Psalm 67:18

Verse 4: You have given an inheritance to them that fear Your name.

Psalm 60:5

## Second Antiphon

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Save us, O Son of God, Who arose from the dead. We sing to You: Alleluia

Verse 1: All the ends of the earth have seen the salvation of our Lord.

Psalm 97:3

Verse 2: Let us worship at the place where His feet stood.

Psalm 131:7

Verse 3: But God is our King of old; He has wrought salvation in the midst of the earth.

Psalm 73:12

Verse 4: I will be exalted among the nations, I will be exalted in the earth.

Psalm 45:10

## Third Antiphon

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Save, O Lord, your people and bless your Inheritance. Give victory to Your leaders against their adversaries, and protect Your commonwealth by Your cross.

Verse 1: Exult ye the Lord our God, and worship at His footstool.

Psalm 98:5

Verse 2: O God save Your people and bless Your inheritance.

Psalm 27:9

Verse 3: And take care of them, and lift them up forever.

Psalm 27:9

## Resurrectional Apolytikion

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*Sung before and after the Small Entrance in the Grave Mode*

You did abolish death by Your Cross; You did open Paradise to the thief; You did transform the myrrh-bearers' lamentation, and did bid Your Apostles to preach that You are risen, O Christ God, granting great mercy to the world.

## Apolytikion for the Holy Cross

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*Sung after the hymn above in the First Mode*

Save, O Lord, Your people and bless Your inheritance; grant You unto the faithful victory over adversaries. And by the power of Your Cross do You preserve Your commonwealth.

## Hymn of the Annunciation

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*Sung after the hymn above in the Fourth Mode*

Today is the beginning of our salvation and the revelation of the mystery before the Ages. The Son of God becomes the Son of the Virgin, and Gabriel proclaims the great grace. Therefore, with him let us cry out unto the Theotokos, "Hail, Rejoice, O highly favored one; the Lord is with you."

Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος μυστηρίου ἡ φανέρωσις· ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

## Seasonal Kontakion

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*Sung after the hymn above in the Eighth Mode*

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

**Sunday, Mar 11, 2018**

St. Sophronios, Patriarch of Jerusalem  
St. Theodora the Righteous

**Monday, Mar 12, 2018**

St. Theophanes the Confessor  
St. Symeon the New Theologian

**Tuesday, Mar 13, 2018**

Removal of relics of St. Nicephoros  
St. Pouplios Bishop of Athens

**Wednesday, Mar 14, 2018**

St. Benedict of Nursia  
St. Euschemon, Bishop of Lampasakos

**Thursday, Mar 15, 2018**

St. Agapios & his Companions  
St. Manuel of Crete

**Friday, Mar 16, 2018**

St. Savinos of Egypt  
St. Christodoulos of Patmos

**Saturday, Mar 17, 2018**

St. Alexios the Man of God  
St. Patrick of Ireland

## **Epistle: Hebrews 4:14-16; 5:1-6**

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**Prokeimenon. Mode Plagal 2.  
Psalm 27.9,1**

O Lord, save your people  
and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

**The reading is from St. Paul's Letter to the Hebrews  
4:14-16; 5:1-6**

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

**Sunday, Mar 11, 2018**  
**Fast Day (Wine and Oil Allowed)** | Wine and

oil are allowed. Refrain from meat, fish, dairy, and eggs.

**Monday, Mar 12, 2018**

**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Tuesday, Mar 13, 2018**

**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Wednesday, Mar 14, 2018**

**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Thursday, Mar 15, 2018**

**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Friday, Mar 16, 2018**

**Strict Fast** | Refrain from meat, fish, oil, wine, dairy, and eggs.

**Saturday, Mar 17, 2018**

**Fast Day (Wine and Oil Allowed)** | Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs.

## **Gospel: Mark 8:34-38; 9:1**

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The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

# Visitation Committee

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**March:** Linda Nichols, Anne Schmitt, & Debbie Bookas

**April:** Cary Chiungos & Mary Katherine Taras

**May:** Demie Bitinis, Tricia Grantham, Emily Capadalis Love, & Georgia Karris

**June:** Despina Karas & Angela Tobias

**July:** Maria Moore & Diane Kavelaras

**August:** NEED VOLUNTEERS

**September:** Susanna Peters & Cathe Skefos

**October:** Sophie Theodore & Kristine Wagner

**November:** Loretta Taras & Tasia Vergos

**December:** Anastasia Terranova & Athena Jamison

**January:** Nancy Tashie, Jan Futris & Tina Liollo

**February:** Vicki Hoover & Evangelina Panas

**The following members of our parish family have requested visitation. For address and/or contact information please check your parish directory or contact the Church Office.**

Alec Collis

Maria Hetos

Kosta Taras

Alex Gogonelis

Stella Nichols

***Please contact Kristine Wagner if you would like to volunteer to be on the 2018-2019 Visitation Committee, a ministry of the Elpis Philoptochos.***

# Announcements

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- ◆ **Parish Assembly**, Sunday, March 11th 12:00 Noon in Cotros Hall
- ◆ **Elpis Board Meeting**, March 13th, 6:30 pm in the Library
- ◆ **“Fundamentals of Financial Well-Being “**, Sunday, March 18th, in the Library following services. The second in a series is offered by Maria Popa, MBA and Financial Advisor. The topic of this presentation will be: **Financial Goal Setting** a) Prioritize b) Getting out of debt C) Home ownership d) Retirement e) College f) Supporting parents/ family g) Car/ Dream vacation: **Taking control of debt** a) Understand your debt b) Clarify your debt c) Create a debt payment plan d) Balance debt and your financial goals. Please join us!
- Parish Council Meeting**, Monday, March 19th 6:15 pm in the Library
- ◆ **Elpis General Meeting**, March 20th, 6:00 pm in Cotros Hall
- ◆ **2018 Lenten Lecture Series and Dinners** 7:00 pm each Wednesday immediately following Pre-Sanctified Liturgy

**MARCH 14 - FR. MICHAEL MARCANTONI**  
Dinner sponsored by the Sinis Family

**MARCH 28 - DR. ARISTOTLE PAPANIKOLAOU**  
Dinner sponsored by Elpis Philoptochos

**MARCH 21 - FR. LARRY LEGAKIS**  
Dinner sponsored by AHEPA

- ◆ **Becoming Truly Human**—Follow Basil as he navigates our modern cultural landscape, engaging with a group of spiritual "nones" (religious unaffiliated) in honest and open discussion on religion and spirituality, while recounting his own journey as a "none" in search of spiritual wholeness.

## 3 Screenings

**Tuesday, April 24 7:00 pm**—Malco Forest Hill Cinema Grill

**Wednesday, April 25 7:00 pm**—Malco Studio on the Square

**Thursday, April 26 7:00 pm**—Cordova Town Cinema

- ◆ **Library News:** We have Lenten reading available here in the parish library including The Lenten Spring, Great Lent, and the Lenten Covenant. **New library arrivals**—Tears of Repentance, Know Your Faith, and Everyday Saints and Other Stories. Don't forget to look for our monthly book reviews in the parish epistle! Come check us out on Tuesdays 10:00am to 2:00pm or see me after services and I will help you find a book. Billy Benson
- ◆ **Elpis Spring Canned Goods Drive**, Elpis will be collecting non-perishable food items & toiletries throughout the month of March. Please bring donated items to the table set up in Cotros Hall. All items will be donated to those in need throughout Memphis.
- ◆ **Stewardship Cards:** By now you should all have received your 2018 Stewardship Information packet in the mail. Please prayerfully consider your pledge and turn your Stewardship Card in to Maria Moore or mail to/drop it by the church office. Thank you!
- ◆ **2018 Scholarship Applications**, as provided, are available on the Parish website at <http://www.goann.net/education/scholarships>. Check back regularly for updates.