

SUNDAY, MARCH 19, 2017
SUNDAY OF THE HOLY CROSS

Resurrectional Apolytikion in the Plagal Second Tone

Angelic powers were above Your tomb, and they that guarded You became as dead. And Mary stood by the grave seeking Your immaculate Body. You have despoiled Hades and were not tried thereby. You did meet the Virgin and did grant us life. O You Who did arise from the dead, Lord, glory be to You.

Apolytikion for the Holy Cross in the First Tone

Save, O Lord, Thy people and bless Your inheritance; grant You unto the faithful victory over adversaries. And by the power of Your Cross do You preserve Your commonwealth.

Hymn of the Annunciation in the First Tone

Today is the beginning of our salvation and the revelation of the mystery before the Ages. The Son of God becomes the Son of the Virgin, and Gabriel proclaims the great grace. Therefore, with him let us cry out unto the Theotokos, "Hail, Rejoice, O highly favored one; the Lord is with you."

Σήμερον τῆς σωτηρίας ἡμῶν τὸ κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος μυστηρίου ἡ φανέρωσις· ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Seasonal Kontakion in the Plagal Fourth Tone

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

THIS WEEK'S SERVERS

Epistle Reader: Andrew Douglas

Prosfora: Enosis Touliatos

Usher Duty Team 3: Romulus Stoian & Chris Apalodimas

Greeters: Todd & Cyndi Bagatelas

Greek Independence Day Luncheon hosted by Daughters of Penelope with a performance by the Athenian Dance Troupe.



**ANNUNCIATION GREEK
ORTHODOX CHURCH**

573 North Highland Street, Memphis, TN 38122

Phone: (901) 327-8177 † FAX: (901) 327-4440

www.goann.net † annunciationmemphis@gmail.com

Rev. Father Simon Thomas, Parish Priest

Rev. Father Nicholas Vieron, Pastor Emeritus

SUNDAY, MARCH 19, 2017

We welcome you to the Annunciation Greek Orthodox Church and are blessed that you have come to our worship service. We hope that this worship experience is both enlightening and inspirational. Each Sunday is the day in which we commemorate the Resurrection of our Lord, God and Savior Jesus Christ. The Christian Orthodox Church is the Church of the Resurrection and we rejoice in the Lord's triumph over death.

If you are a visitor to our Parish we encourage you to follow the Divine Liturgy book to assist you in following the Liturgy. Please understand that the Christian Orthodox Church does not practice inter-communion with other Christian denominations. Though we may share a common belief in the Holy Trinity, our churches are not yet one in faith and practice. We believe that Holy Communion is not the means to Christian unity but it is in fact the fullest expression of that unity. We fervently pray for this unity as noted in every divine service of the Orthodox Church. Please do not approach for Holy Communion if you are not a baptized/chrismated Orthodox Christian. Feel free to contact Father Simon if you desire to learn more about the Christian Orthodox Church, the Church of the New Testament.

We would like to remind all Orthodox Christians to be spiritually prepared and in proper canonical standing with the Church in order to partake of the Holy Eucharist.

THE LIVES OF THE SAINTS

On this the 19th day of the month of March, we commemorate the Sunday of the Holy Cross, the Holy Martyrs Chrysanthus and Daria and Demetrios the New Martyr.

By their holy intercessions, O Christ our God, have mercy on us. Amen.

Epistle Reading - Hebrews 4:14-16, 5:1-6

Prokeimenon. Plagal Second Tone. Psalm 27.9,1.

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

Gospel Reading - Mark 8:34-38, 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

VISITATION COMMITTEE

The following parishioners have requested visitation. Please contact them directly to schedule visitations. For address &/or contact information please check your parish directory or contact the office.

Alec Collis

Pat Bacopulos Cooper - contact Marianthe Pilcher for visiting arrangements

Edna Nichopoulos

Zoe Nickas

Kosta Taras - contact Loretta Taras for visiting arrangements

Presvytera Bess Vieron

Visitation Committee Volunteers for 2017

March: Linda Nichols & Anne Schmitt

April: Cary Chiungos & Mary Katherine Taras

May: Demie Bitinis, Tricia Grantham & Emily Love

June: Despina Karas/Angela Tobias

July: Maria Moore & Diane Kavelaras

August: Stephanie Poplos & friend

September: Susanna Peters, Maria Apalodimas & Cathe Skefos

October: Sophie Theodore & Kristine Wagner

November: Connie Cotros, Loretta Taras & Tasia Vergos

December: Anastasia Terranova & Athena Jameson

January: Nancy Tashie, Jan Futris & Tina Liollio

February: Vicki Hoover & family

Please contact Kristine Wagner if you would like to volunteer to be on the visitation committee.

LITURGICAL DONATIONS

Father Simon is often approached by parishioners wanting to donate Liturgical items. If you would like to donate towards these items, the typical cost of each item is as follows:

Wine - \$25, Oil - \$20, Incense - \$10

FASTING THIS WEEK

This week we observe the Fast for Great Lent by abstaining from meat, dairy, fish, wine & oil. Saturday, fish is allowed and Sunday, wine & oil are allowed.

THIS WEEK'S SCHEDULE

Sunday, March 19 Sunday of the Holy Cross

- ◆ Orthros 8:45 am
- ◆ Divine Liturgy 10:00 am
- ◆ Nursery available 9:30 am - 12:00 Noon
- ◆ Sunday School 11:00 am
- ◆ GOYA Meeting 12:00 Noon
- ◆ Greek Independence Day Luncheon with Athenian Dance Troupe performance 12:00 Noon
- ◆ More Than a Meal Serving Team 3:00 pm

Monday, March 20

- ◆ Parish Council Meeting 6:15 pm
- ◆ Fr. Vieron's Adult Greek Class 6:30 pm

Wednesday, March 22

- ◆ Service of the Ninth Hour 5:30 pm
- ◆ Presanctified Liturgy 6:00 pm
- ◆ Lenten Lecture with His Eminence, Metropolitan Nicholas, of Detroit 7:00 pm with Dinner hosted by the Annunciation Romanian Families

Thursday, March 23

- ◆ Festival Workshop - Macaroons 9:00 am

Friday, March 24

- ◆ Festival Workshop- Macaroons 9:00 am
- ◆ Salutations to the Virgin Mary 6:30 pm

Saturday, March 25 Feast of the Annunciation

- ◆ Memphis Miles for Myeloma - Run/Walk 8:30 am
- ◆ Orthros/Divine Liturgy 9:00 am
- ◆ Annunciation Brunch hosted by Elpis Philoptochos 11:00 am
- ◆ JOY - Spritual Education - Celebrate our Parish Feast Day Together! - 11:00 am
- ◆ Elpis General Meeting 11:00 am

Sunday, March 26 Sunday of Saint John of the Ladder

- ◆ Orthros 8:45 am
- ◆ Divine Liturgy 10:00 am
- ◆ Nursery available 9:30 am - 12:00 Noon
- ◆ Sunday School 11:00 am
- ◆ Coffee will be available in Cotros Hall after Liturgy

Memphis Greek Festival March Workshops

March 31 & April 1: Friday & Saturday

Spanakopita 9:00 am – 5:00 pm

March 23 – 24 Thursday & Friday

Macaroons 9:00 am – 5:00 pm

To volunteer to help out during the Festival please sign up under one of the tabs at <http://bit.ly/2mbMNoA>.

ANNOUNCEMENTS

- ◆ **Greek Independence Day Luncheon with Athenian Dance Troupe Performance** 12:00 Noon on Sunday, March 19
- ◆ **Scholarship Information** can be found on the Parish Website at <http://goann.net/education/scholarships> and on our Facebook page at <https://www.facebook.com/Annunciation-Greek-Orthodox-Church-120815681264112/>
- ◆ **Feast of the Annunciation Orthros/Divine Liturgy** 9:00 am on Saturday, March 25, immediately followed by **Annunciation Brunch** hosted by **Elpis**
- ◆ **JOY - Spiritual Education - Celebrate our Parish Feast Day Together!** 11:00 am Saturday, March 25

Annunciation Parish and Members and Friends of Philoptochos,

As many of you know, our sweet friend and fellow Philoptochos member **Toni Montgomery** was recently diagnosed with multiple **myeloma**. This devastating cancer of the bone marrow has no known cure. March is Multiple Myeloma Action Month. **On Saturday, March 25, the Internal Myeloma Foundation will be sponsoring a walk and fun run to raise money for this cause.**

Austin and I have signed up to walk in Toni's honor. Will you join us?

Let's gather as a church family and walk in honor of this very special lady. Then, let's plan to attend church immediately after our walk and pray for Toni and her family. (March 25th is the Feastday of the Annunciation; Orthos 9:00; Liturgy 10:00)

FAQ's

When? March 25th 8:30am

Where? Bert Ferguson Community Center, Cordova

How far is the walk/run? One mile

How much does it cost? \$25

Where can I get more information? www.memphismiles.org

How do I sign up? <https://memphismiles.org/events/2017-walkfun-run/>

How do I join Toni's team? While you register, look for "Toni's Troopers" under team names

I want to help but I can't walk that day! Go to the website and make a donation! Or, be a "ghost walker" - register but don't walk

Hope to see many of you there!

Love,
Cyndi



Annunciation Greek Orthodox Church

*Rev. Father Simon Thomas,
Parish Priest*

573 N. Highland
Memphis, TN 38122
Tel: 901-327-8177

2017

Lenten Lecture Series and Dinners

SPEAKERS & HOSTS

MARCH 1 - FR. ALEX MACKOUL

Dinner sponsored by the Thomas Family

MARCH 8 - REV. FR. ANGELO MAGGOS

Dinner sponsored by AHEPA

MARCH 15 - REV. FR. NICHOLAOS KOTSIS

Dinner sponsored by Daughters of Penelope

MARCH 22 - HIS EMINENCE, METROPOLITAN
NICHOLAS, OF DETROIT

Dinner sponsored by the Romanian Families

MARCH 29 - ELIZABETH HAWKINS

Dinner sponsored by Elpis Philoptochos

APRIL 5 - REV. FR. STAVROS BALLAS

Dinner sponsored by the Sinis Family